## 5Ts Framework: Inclusion Worksheet

<table>
<thead>
<tr>
<th>5T</th>
<th>Questions</th>
<th>Answers</th>
<th>Plan</th>
</tr>
</thead>
</table>
| **Target Population** | What type of *limitations* (sensory, functional, cognitive, etc.) or *chronic conditions* may this population have? How common are they?  
What are some common *motivations for or concerns* about participating in research in this population? |         |      |
| **Team**            | What team members will be interacting with older adults? What training do they need?  
Who else should be include on our “team”? (E.g., topic experts, Participants/family, Providers) |         |      |
| **Time**            | What time constraints should be considered when scheduling study tasks or visits?  
How long will the study visits last? What if a participant has limitations?  
How long do individual measures take? |         |      |
| **Tips to Accommodate** | How, when, where, and what are participants asked to do?  
How would limitations affect each study step? |         |      |
| **Tools**           | What challenges will we face recruiting older adults?  
What demographics and functional measures should we track during enrollment?  
What challenges will we face with data collection?  
How are we measuring outcomes that are important to the target population? |         |      |